

## **Care Induction Certificate**

**This covers an introduction to the following fourteen standards:**

### **The Care Certificate (three days)**

- Understand Your Role
- Personal Development
- Duty of Care
- Equality and Diversity
- Person Centred Work
- Communication
- Privacy and Dignity
- Fluids and Nutrition
- Mental Health, Dementia and Learning Disabilities
- Safeguarding Adults
- Safeguarding Children
- Health and Safety
- Handling Information
- Infection Prevention and Control.

### **Moving & Handling (half day)**

This covers knowledge of the following subjects:

- Legal Background
- The Spine
- Back Pain Risk Factors
- Risk Assessments
- Team Work
- Safe Moving Principles
- Policies and Procedures
- Benefits of Mobility to Residents

**Practice with the following techniques and equipment:** hoists and slings, stand aids, turn aids, lifting and moving boxes, assisted stands (helping people out of chairs), and slide sheets.